

## HLTHSE204B Manual Handling

### UNITS OF COMPETENCY

HLTHSE204B - Follow Safe Manual Handling Practices

### DESCRIPTION

This unit is designed to provide the basic knowledge and skills necessary to use correct manual handling techniques and to prevent manual handling injuries in the workplace by implementing systematic, risk management procedures.

### FEATURES

- Customised for building, construction, civil and related industries or other industries as required.

### TARGET

Suitable for all individuals that require training to provide basic knowledge and skills, to use correct manual handling techniques in their individual jobs.

### CONTENT

- Describe the manual handling regulation & code of practice;
- Describe what happens to the body during activity;
- Participate in hazard identification and risk assessment;
- Apply control measures for manual handling risks;
- Assess manual handling tasks in the workplace;
- Implement the manual handling legislation in the workplace.

### DURATION

Half (½) day course - (training and assessment)

### GROUP SIZE

- Minimum ten (10) people.
- Maximum twenty (20) people.

### LOCATION

- Perth, WA on request
- Sydney, on request
- Onsite / in-house by request.

### FEE STRUCTURE

- To view price please visit [www.changenetwork.com.au/online-bookings](http://www.changenetwork.com.au/online-bookings)
- Perth, WA, fee by request
- Sydney, fee on request
- Onsite / in-house, fee by request

### TERMS & CONDITIONS

To view course terms, conditions and policies, please visit [www.changenetwork.com.au](http://www.changenetwork.com.au).